

### Institutional Distinctiveness (18-19)

Our institution's process for teaching, learning, and evaluation sets it apart. Teachers employ a variety of techniques in addition to traditional classroom education to engage students in active learning and so make the process more learner-centric. Different departments host seminars, interactive lectures, departmental quizzes, group discussions on pressing topics, PowerPoint presentations for students, field surveys, visits to industrial/research facilities, film/documentary shows visits to significant historical sites within the state, term papers and student wall magazines, and educational tours.

The recent focus has been on empowering pupils. Violence against students, especially female students, is on the rise in today's society on both rural and urban streets. It is crucial for everyone to be emotionally and physically prepared as well as to have the necessary tools and abilities to protect themselves from any antisocial elements present in today's society. Self-defence is meant to make one less likely to become a victim by making her more prepared. The program's primary goals are

- i) To provide pupils with the skills necessary to protect themselves against any physical assault.
- ii) To develop self-confidence so they can make a meaningful contribution to their development by shaping their future.
- iii) Capacity development through self-defence training.

Our college took the initiative to train female students to protect themselves against any physical assault and, as a result, cooperated with Kolkata Police to launch the Sukanya programme, which is a self-defence program for female students. The primary goal of this initiative is to instil confidence in college students by providing self-defence training so that they may successfully defend themselves in any situation, as well as to assist students in learning methods through professional martial arts. This approach will also convey that things are going in the right direction. Classes were held regularly on the college premises (number of students). trainees have been given training till now. Karate and kickboxing training were provided to the students.

*Banraj Kumar Roy*  
Principal  
Jogesh Chandra Chaudhuri College  
Kolkata - 700 033  
09/08/2023